



INSPIRED
DANCE
YOUTH
FILM FESTIVAL

Student Submission Guide

Lets Get Creative!

Inspired Dance Youth Film Festival places no restrictions on your creativity. How you want to tell or express your dance film is only limited by your imagination. Whether it be a concept video, artistic contemporary work, a dance that reflects your experiences..., it is all welcome. Use the resources you have around you, find a venue, shoot outdoors, add some beautiful lighting, whatever suits your film and inspires you. If you have access to a great filmmaker, it is a great opportunity to work together.

This is a great chance for you to express their love and passion of dance and create their own film. Right now, creating a dance film has never been easier. There are a lot of resources out there on how to create a cinematic film, even on your mobile phone.

The skies the limit when it comes to creativity so have fun, and keep the end goal in mind when choosing shots and creating choreography.

**Remember that you have a 5 minute time limit.*

Let's Get Filming!

Creating a dance video can be so much fun and doesn't need to be very complicated. If you know people with professional gear – go for it. No problem if not! With a few simple tricks you can create amazing videos on your mobile device. Here are a few things to remember..

- Make sure your camera lens is clean
- Always film in landscape
- Change camera settings to film at 24 frames per second (fps)
- Film in HD (4k or 1080)
- Try to find an interesting location to really enhance your idea and choreography
- Find your piece of music first and decide what shots you want to create to show off your dance moves
- Always take one wide shot of the whole routine, and then have some fun with different angles
- Click [HERE](#) to see a video on some really easy, in camera transitions to help you get from one sequence to the next
- There are great editing programs, like iMovie, that are easy to learn and fun to play with, that also have in-built transitions
- Make sure you give your film a title and some closing credits.
- Save very high-resolution version for screening on for your film and a low-resolution version submission

Above all else, HAVE FUN!!!!

Filming is always better with a friend so get your crew together and get creative!

Time to Submit!

This is the easy part.

- Head to [FilmFreeway](#)
- Hit Submit Now on the Schools Film Festival page.
- Create a free account if you don't already have one.
- You will then need to create your project with the following details:
 - Fill out as much information as you can about the film (director, choreographer, concept, key cast...)
 - In the next screen you can add your video, along with some production photos for us to use for marketing if you have them.
 - Once your project is created, head to the Inspired Dance Youth Film Festival page and submit your film to the relevant category, and you're done!

Have fun creating and filming your dance film, and please feel free to [contact us](#) if you need to go through anything.

We can't wait to see your creativity come to life!!!